REGIONAL MEET TRAVEL ITINERARY

ALAMO STADIUM SAISD 110 TULETA DR SAN ANTONIO, TX

Friday 4/27

- 9:00 3200 & PV
- 12:00 Load Bus for afternoon session
- 12:15 Depart from WHS for Alamo Stadium
- 3:30 Running Prelims begin
- 4:00 100h
- 4:10 110h
- 4:40 4 x 200 relay.
- 5:30 300h
- 6:00 4 x 400 relay
- 6:30 Return to WHS

Saturda - 4/28

- 9:00 Load bus at WHS
- 9:10 Depart from WHS for competiton
- 12:50 800m run
- 1:10 100h
- 1:20 110h
- 1:50 4x 200 relay
- 2:45 300h
- 3:15 1600
- 3:55 4x400
- 5:00 Depart for WHS

REGION IV 5A-6A FRIDAY, APRIL 27, 2018

8:00 A.M. – Gates will open for the public

6A AAAAA Field Events:		5A			
		WEIGH-IN TIMES & LOCATION AAAA Field Events:		A Field Events:	WEIGH-IN TIMES & LOCATION
0.00	ott n t v t	NORTHEAST LOCKER ROOM.	2.20	0'1 0 1 57 1	NORTHEAST LOCKER ROOM
9:00 am	Girls Pole Vault	7:00-8:00 am	2:30pm	Girls Pole Vault	12:30-1:30 pm
	Boys High Jump			Boys High Jump	
	Boys Long Jump	ACC GYM FOYER		Boys Long Jump	ACC GYM FOYER
	Boys Discus	7:00-8:00 am		Boys Discus	12:30-1:30 pm
	Girls Shot Put	7:00-8:00 am		Girls Shot Put	12:30-1:30 pm
	Girls WC Div			Girls WC Div	•
	Girls Triple Jump			Girls Triple Jump	
		ACC GYM FOYER		* *	ACC GYM FOYER
11:30 am	Girls Discus	9:30 -10:30 am	5:00pm	Girls Discus	3:00-4:00 pm
	Girls High Jump			Girls High Jump	
	Girls Long Jump			Girls Long Jump	
	Boys Triple Jump	ACC GYM FOYER		Boys Triple Jump	ACC GYM FOYER
	Boys Shot Put	9:30-10:30 am		Boys Shot Put	3:00-4:00 pm
	Boys WC Div			Boys WC Div	-
	•	NORTHEAST LOCKER ROOM			NORTHEAST LOCKER ROOM
	Boys Pole Vault	9:30-10:30 am		Boys Pole Vault	3:00-4:00 pm
RUNNING	EVENTS AAAAA	nd AAAAAA CIRI S ANI	n ravs pi	PET IMINADIES	

RUNNING EVENTS: AAAAA and AAAAAA GIRLS AND BOYS PRELIMINARIES 3200 METER GIRLS AND BOYS FINALS

Qualifying Procedures:

Prelims: Heat and lane assignments are generated randomly by the Hy-Tek computerized program.

Finals: The winner of each heat and the next 6 fastest times will advance to the finals. Lane assignments are based on times run in prelims. (Lanes 4-5-3-6-2-7-1-8)

9:00 a.m.

3200 Meter Run Finals: 5A Girls & Boys followed by 6A Girls & Boys

All 6A relay entry cards & scratches due at the ACC ticket booth.

5A

AAAAA PRELIMS:

9:30 a.m.	(5A 4x100 Relays report/uniform check)
10:00 a.m.	4X100 Meter Relay (Girls & Boys)
10:30 a.m.	100 Meter Hurdles (33") (Girls)
10:40 a.m.	110 Meter Hurdles (39") (Boys)
10:50 a.m.	100 Meter Dash (Girls & Boys)
11:10 a.m.	4X200 Meter Relay (Girls & Boys)
11:30 a.m.	400 Meter Dash (Girls & Boys)
11:50 a.m.	300 Meter Hurdles (30") (Girls)
12:00 p.m.	300 Meter Int. Hurdles (36") (Boys)
12:10 p.m.	200 Meter Dash (Girls & Boys)
12:30 р.т.	4X400 Meter Relay (Girls & Boys) MES ARE APPROXIMATE FOR RUNNING PRELIMS.

******JUDGE YOUR WARM-UP ON EVENTS, NOT TIMES,

REGION IV 5A-6A

FRIDAY, APRIL 27, 2018 <u>CONTINUED</u>

2:30 p.m. All 6A relay entry cards & scratches due at the ACC ticket booth.

6A AAAAAA PRELIMS:

3:00 p.m. 3:30 p.m.	(6A 4x100 Relays report/uniform check) 4x100 Meter Relay (Girls & Boys)
4:00 p.m.	100 Meter Hurdles (33") (Girls)
4:10 p.m.	110 Meter Hurdles (39") (Boys)
4:20 p.m.	100 Meter Dash (Girls & Boys)
4:40 p.m.	4x200 Meter Relay (Girls & Boys)
5:00 p.m.	400 Meter Dash (Girls & Boys)
5:20 p.m.	300 Meter Hurdles (30") (Girls)
5:30 p.m.	300 Meter Int. Hurdles (36") (Boys)
5:40 p.m.	200 Meter Dash (Girls & Boys)
6:00 p.m.	4X400 Meter Relay (Girls & Boys)

*****THE ABOVE TIMES ARE APPROXIMATE FOR RUNNING PRELIMS.
*****JUDGE YOUR WARM-UP ON EVENTS, NOT TIMES.

REGION IV 5A-6A SATURDAY, APRIL 28, 2018 11:00 A.M. – Gates will open for the public

10:00 a.m. Finals packets will be available at the ACC ticket booth.

RUNNING EVENTS: AAAAA and AAAAAA GIRLS AND BOYS FINALS

PLEASE NOTE: AAAAA teams will run before AAAAAA teams in the Girls and Boys divisions.

12:00 p.m. 12:30 p.m.	(4X100 M Relay report/uniform check) 4X100 Meter Relay (Girls and Boys AAAAA and AAAAAA)
12:50 p.m.	800 Meter Run (Girls and Boys AAAAA and AAAAAA)
1:10 p.m. 1:20 p.m.	100 Meter Low Hurdles (33") (Girls AAAAA and AAAAAA) 110 Meter High Hurdles (39") (Boys AAAAA and AAAAAA)
1:30 p.m. 1:35 p.m.	100 Meter Dash (Girls and Boys AAAAA and AAAAAA) 100 Meter Dash (Girls and Boys AAAAA and AAAAAA Wheelchair Division)
1:50 p.m.	4X200 Meter Relay (Girls and Boys AAAAA and AAAAAA)
2:10 p.m. 2:20 p.m.	400 Meter Dash (Girls and Boys AAAAA and AAAAAA) 400 Meter Dash (Girls and Boys AAAAA and AAAAAA Wheelchair Division)
2:35 p.m. 2:45 p.m.	300 Meter Hurdles (30") (Girls AAAAA and AAAAAA) 300 Meter Int. Hurdles (36") (Boys AAAAA and AAAAAA)
2:55 p.m.	200 Meter Dash (Girls and Boys AAAAA and AAAAAA)
3:15 p.m.	1600 Meter Run (Girls and Boys AAAAA and AAAAAA)
3:55 p.m.	4X400 Meter Relay (Girls and Boys AAAAA and AAAAAA)
4:40 p.m.	AWARDS TO TEAM CHAMPIONS