**Chap Invitational**

**Friday September 1st, 2017**

**Location: Southwest Metro Park**

4511 Hwy 71 E, Del Valle, TX 78617

**Packing List:**

Racing Shorts

Racing singlet

running shoes & extra socks

Racing spikes/flats

Water bottle

Extra shirt

**Departure Time:**  TRAVEL OPTIONS

1. Find own ride to the park
2. Bus leaves at 3:45 from school. You are responsible for making the bus as I will be at the meet setting up.

- Please arrive at least 1:15 minutes before your race. We will have a team camp set up when you arrive. Please remember that traffic will be **HORRIBLE** so please plan accordingly.

**Races will be competed at the following times. If an athlete has not finished by the allotted time they will be allowed to finish, but may not receive a finishing time.**

 6:30 - Freshmen Girls / Boys 2mi

 6:55 - JV Girls 2mi

 7:20 - JV Boys 2mi

 7:55 - Varsity Girls 5K

8:25 - Varsity Boys 5k

**CLEAN UP:**

**All runners are expected to stay until the end of the meet to clean up. The profits from this meet go to the girls program so it is important that you commit to making this meet a success.**

**Directions:**

****