**2 Mile Time Trial – Friday August 12th**

Time Schedule:

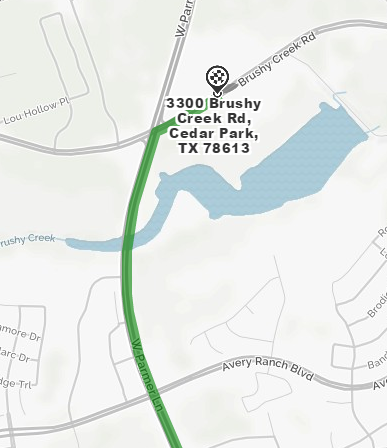
* **Depart** from WHS @ 6:30
* Arrive at Brushy Creek Lake @ 7:00
* 3000m time trial - 2 x 1500m loops

- Girls 7:30

- Boys 8:00

* Depart from Brushy Creek Park – 9:15
* Arrive at WHS & unload & clean the bus – 10:00

What to bring:

* Race clothing
* 2nd set of clothes / socks
* Water bottle
* Please do not wear spikes - flats or training shoes are ideal for the course

Westlake High School - **3300 Brushy Creek Rd, Cedar Park, TX 78613**

**27MIN**  - **22.1MI**

1. **2.** Turn **slight right** onto S Capital of Texas Hwy/TX-360. – 10.7 mi
2. **3.** Turn **left** onto Research Blvd. - 10.79 total miles
3. **4.** Merge onto US-183 N via the ramp on the **left**. Then 6.24 miles17.03 total miles
4. **5.** Take the exit toward **TX-45 E**.

Then 1.04 miles18.07 total miles

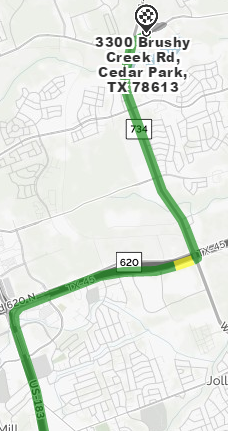
1. **6.** Merge onto TX-45 E (Portions toll).

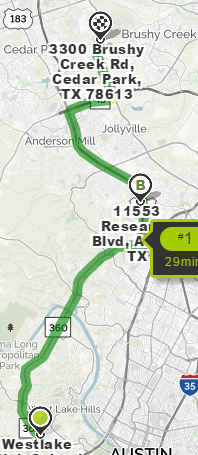
Then 0.48 miles18.56 total miles

1. **7.** Merge onto TX-45 E (Portions toll).

Then 0.45 miles19.01 total miles

1. **8.** Merge onto Ranch Road 620 N/RM-620 toward **FM-734/Parmer Ln**.

Then 0.56 miles19.57 total miles

1. **9.** Turn **left** onto FM-734/W Parmer Ln.
   1. *If you are on Ranch Road 620 N and reach Ganzert Lake Rd you've gone about 0.1 miles too far*

Then 2.35 miles21.93 total miles

1. **10.** Turn **slight right** onto Brushy Creek Rd.
   1. *Brushy Creek Rd is 0.6 miles past Avery Ranch Blvd*
   2. *If you are on W Parmer Ln and reach Polar Ln you've gone about 0.6 miles too far*

Then 0.19 miles22.12 total miles

**11.** 3300 BRUSHY CREEK RD is on the **right**.