**Alamo Heights Harry B. Orem Stadium; 150 East Fair Oaks, San Antonio, TX 78209**

4:15 Field events begin – 3 Attempts in LJ/TJ, 4 Attempts SP – finals only

Shot put - VG, VB - North end of field

High Jump - VG, VB - North end apron

Pole Vault - VB, VG - South end apron

Long jump - VG - Lane 3 North end of track

Triple Jump - VG - Lane 6 North end of track

Long Jump - VB - North end of field

Triple Jump - VB - Lane 8 South end of track

**\*\*\*\* All divisions long and triple jump will begin at 4:15\*\*\*\***

5:30 Running events begin – Rolling Schedule – Times are estimated

3200 Meter Run (5:30)

400 Meter relay (6:00)

800 Meter Run (6:15)

100 Meter Hurdles (6:35)

110 Meter Hurdles (6:55)

100 Meter Dash (7:15)

800 Meter Relay (7:35)

400 Meter Big Man Relay (7:55)

400 Meter Dash (8:05)

300 Meter Hurdles (8:25)

200 Meter Dash (8:45)

1600 Meter Run (9:05)

1600 Meter relay (9:30)

**Teams: Alamo Heights, Boerne, Burbank, Central Catholic (Boys only), Clark, Jefferson, Highlands, Lee, Incarnate Word (girls only), MacArthur, Marshall, SA Home School, Southside, Westlake (girls only).**

Travel Schedule:

Students excused after 5th period

1:45 – Depart from WHS for Alamo Heights HS

3:15 – Arrive at Alamo Heights HS

4:15 – Field Events Begin

5:30 – Running Events Begin

9:30 – Depart for WHS

11:00 – Arrive at WHS

1. **4.** TX-360/S Capital of Texas Hwy becomes US-290 E/TX-71 E.

Then 2.20 miles6.17 total miles

1. **5.** Merge onto I-35 S toward **San Antonio**.

Then 64.48 miles70.65 total miles

1. **6.** Merge onto I-410 W/Connally Loop via EXIT 166.

Then 3.70 miles74.35 total miles

1. **7.** Take EXIT 22 toward **Broadway**.

Then 0.28 miles74.62 total miles

1. **8.** Merge onto NE Loop 410.

Then 0.52 miles75.14 total miles

1. **9.** Turn **left** onto Broadway St.
   1. *Broadway St is 0.3 miles past N New Braunfels Ave*
   2. *If you reach Crownhill Blvd you've gone a little too far*

Then 1.74 miles76.88 total miles

1. **10.** Turn **left** onto E Fair Oaks Pl.
   1. *E Fair Oaks Pl is just past E Elmview Pl*
   2. *If you reach W Fair Oaks Pl you've gone a little too far*